## Welcome to Planet Alzheimer's

You are now a visitor on Planet Alzheimer's. You have chosen to follow your loved one there, as they are an unwilling inhabitant, having been taken by force. You do not want them to be alone in this absurd place. But you are still used to the influences of Planet Earth. You will find that Earth rules no longer apply on Planet Alzheimer's, and you will have to adapt to the new rules if you want to survive the journey.

## They are as follows:

- 1. Never argue
- 2. Logic and reason do not apply
- 3. You are not who you think you are, you are who they think you are
- 4. Never take anything personally
- 5. Old memories are best
- 6. Learning to do something new is not important
- 7. Being loved and accepted at all times is
- 8. Have no expectations
- 9. Take advantage of the shuttle back to earth as often as possible I told you it was an absurd place.

From "Welcome to Planet ALZHEIMER'S" Written by Candace A. Stewart

alzheimer's  $\Re$  association

THE BRAINS BEHIND SAVING YOURS."